SUPPORT STARTS WITH TRUST

78 %

of ever-working women

who have experienced sexual harassment at work talked to someone close to them about what happened — such as a colleague or a friend.

Trusting relationships with managers may also encourage help-seeking and influence whether women feel able to take leave following violence.

However, seeking help is not always easy. Economic dependence can create additional barriers: **10% of women** who were not economically dependent on their partners reported the abuse compared to **6 % of women** who were.

Workplaces can foster trust and help women experiencing violence maintain their financial security.

Sources: FRA & EIGE, 2026. Data collection coordinated by Eurostat, FRA and EIGE

European Institute for Gender Equality (2026). Behind the numbers: Analysing police and justice data on intimate partner violence and domestic violence

SWEDEN - VÄSTRA GÖTALAND REGION

In 2023, Västra Götaland Region recognised that some of its own employees could be experiencing domestic violence and treated it as a **workplace health and safety issue.**

Akademikerförbundet SSR

The Region integrated domestic violence into its occupational health and safety work, providing **guidance, training and procedures** to help managers recognise and respond to signs of violence.

Trade union and safety representatives were involved in the implementation and received the same training as managers.

The issue was also included in **employee surveys and other workplace health and safety processes,** helping make it part of routine workplace practice.