



## MONIKA – MULTICULTURAL WOMEN'S ASSOCIATION, FINLAND

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# MONIKA – Multicultural Women's Association, Finland

- Established in 1998
- Nationwide multicultural women's NGO in the field of social affairs, that
  - promotes the equality and inclusion of migrant women in Finland and prevents violence against women
  - acts as an expert and does advocacy to improve the status of women with a migrant background
  - supports migrant women's activities through its member organizations
- Offices in Helsinki and Vantaa
- Low-threshold services ([Crisis Center Monika](#)) and secure residence ([Shelter Mona](#)) for the victims of violence, support for integration ([Integration Center Monika](#))
- Annual budget of approximately 2 million euros (main funders: STEA, the Ministry of Social Affairs and Health / the National Institute for Health and Welfare (THL), the Ministry of Education and Culture, Cities of Helsinki and Vantaa)

## Help for the victims of violence

MONIKA develops and provides specialized services for immigrant women and their children who have been subjected to violence at

Crisis Center Monika and Shelter Mona

More information available at [www.monikanaiset.fi/en/our-activities](http://www.monikanaiset.fi/en/our-activities)

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## Support for integration

MONIKA develops and provides services to promote integration and employment of immigrant women at

Integration Center Monika

More information available at [www.monikanaiset.fi/en/our-activities](http://www.monikanaiset.fi/en/our-activities)



KAMERAVALVONTA  
TALLENTAVA

# Crisis Center Monika

Low-threshold guidance, psycho-social support and supportive housing for the victims of violence or the threat of violence experienced

Possibility of receiving help anonymously and without an appointment

**Helpline 0800 05058 Mon-Fri 9-16  
(free of charge)**

**Online chat Tue-Thu 10-12  
(in Arabic, English, Russian and  
Finnish)**

Funding: the Ministry of Social Affairs and Health with proceeds from Veikkaus (STEAs) and City of Helsinki



# VIOLENCE AGAINST WOMEN STATISTICS 2018, FINLAND

- According to Statistics Finland's data, there were 9,900 victims in domestic violence and intimate partner violence offences reported to the authorities in 2018, which is 3.6 per cent more than in the previous year.
- In domestic violence and intimate partner violence directed at adults, one-half took place between married or cohabiting couples. Of adult victims, 76.5 per cent were women. Of all victims, 24.4 per cent were minors.

Link to the statistics:

[http://www.stat.fi/til/rpk/2018/15/rpk\\_2018\\_15\\_2019-06-06\\_tie\\_001\\_en.html](http://www.stat.fi/til/rpk/2018/15/rpk_2018_15_2019-06-06_tie_001_en.html)

# Support and help for the victims of human trafficking

In 2017, The Common Responsibility Campaign (Yhteisvastuukeräys) raised funds to help the victims of human trafficking in Finland; MONIKA received proceeds from fundraising together with Finnish Refugee Advice Centre, Pro-tukipiste and Victim Support Finland (RIKU)

The campaign raised common knowledge and awareness of human trafficking, with MONIKA's expertise highly acknowledged and wanted

In April 2018, with the proceeds received from the campaign, MONIKA hired a Coordinator of Work Against Human Trafficking, whose responsibilities include training the staff and member organizations of MONIKA, plus general advocacy of human trafficking issues



# HUMAN TRAFFICKING STATISTICS 2018, FINLAND

- Statistics on the assistance system for victims of human trafficking (2018)
- Altogether 455 persons who were recognized to be the victims of human trafficking were given help in the assistant system,
- 163 new clients that is remarkable more compared to the earlier years

Link to the report (in Finnish): [http://www.ihmiskauppa.fi/files/444/Ihmiskaupan\\_uhrien\\_auttamisjarjestelman\\_tilannekatsaus\\_1.1.-\\_31.12.2018.pdf](http://www.ihmiskauppa.fi/files/444/Ihmiskaupan_uhrien_auttamisjarjestelman_tilannekatsaus_1.1.-_31.12.2018.pdf)



# **HUMAN TRAFFICKING** **STATISTICS 2018, MONIKA**

- 26 clients / recognized cases/victims of human trafficking were helped.

# Shelter Mona

The only shelter in Finland offering crisis assistance and secure residence in a secret location

You can access to the service when it is dangerous to live at home or in the community

**Shelter Mona (24/7)**  
**+358 45 639 6274**

Funding: the Ministry of Social Affairs and Health / the National Institute for Health and Welfare (THL)





# Integration Center Monika

Integration Center Monika promotes integration and employment through individual counseling, mentoring and group activities, such as

- language courses
- computer courses
- employment workshops
- art workshops
- sport activities
- info events

Funding: the Ministry of Social Affairs and Healthy with proceeds from Veikkaus (STEA) and City of Helsinki

**INTEGRATION CENTER MONIKA SPRING 2019**

**MON** STARTS 14.1

**TUE** STARTS 15.1

**WED** STARTS 16.1

**THU** STARTS 17.1

**FRI** STARTS 18.1

**FINNISH, LEVEL (0)** 10-11.30

**FINNISH, LEVEL (1)** 12.30-14.00

**FINNISH, LEVEL (1)** 10-11.30

**YOGA** STARTS 13.2.2019 13-14.00

**In Arabic PEER GROUP. KYKYz - PROJECT** 9.30-12.00

**In Arabic DIGITAL SKILL - GROUP. KYKYz - PROJECT** 12.30-14.30

**ENGLISH, BASIC** 13 - 14.30

**FINNISH AND DIGITAL SKILLS** 10-11.30

**ACTIVE WOMEN** 12-13.30

**FINNISH, LEVEL (0)** 17-18.15

**JOB SEARCH AND DIGITAL SKILLS** 11-12.30

**FINNISH, LEVEL (0)** 14-15.30

More information: puh: 045 8607 730, puh: 0452635729

**INTEGRATION CENTER MONIKA**

Promotes integration and employment through individual counseling, group activities and mentoring in Kalasatama, Helsinki. IHermannin Rantatie 12 A1.

FOLLOW INTEGRATION CENTER ON FACEBOOK: [fb.com/kotokeskusmonika](https://fb.com/kotokeskusmonika)

# YEAR 2018 IN MONIKA, OVERVIEW

1119  
clients

34  
workers, talking  
20 different  
languages

90  
volunteers

93  
speeches at  
events

61  
visits at  
MONIKA

69  
participations in  
education events

60  
participations in  
public events

15  
member  
organizations

## CRISIS CENTER MONIKA

450 clients (estimation)

3656 client contacts

4 groups, where 350 visits

## SHELTER MONA

235 clients

5442 housing days

4 groups, where 87 visits

## INTEGRATION CENTER MONIKA

434 clients

646 individual guidance

33 groups, where 2863 visits

Member of  
35  
expert, work and  
steering groups  
and networks

***Tehdään naisten oikeuksista totta!  
Let's make women's rights a reality!***



**Internet:** [www.monikanaiset.fi](http://www.monikanaiset.fi)

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