

# Work-life balance in the ICT sector

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### **The ICT sector can attract more talent and reduce costs by becoming inclusive for women.**

This online toolkit outlines how organisations in the ICT sector can boost equal opportunities and gender equality to attract and retain female talent. It provides organisations with practical tools and real-life examples from the EU Member States to support the implementation of work-life balance measures.

[Why work-life balance measures are needed](#)

[Checklist for implementing work-life balance measures](#)

## Downloads

[Download the factsheet Work-life balance in the ICT sector EN \(242 KB\)](#)

[Download the factsheet Supporting work life balance to get more women into ICT EN \(395 KB\)](#)

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