

# Advancing work–life balance with the EU Funds

**Gender Mainstreaming**

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Gender equality is one of the European Union's core values, enshrined in its treaties and the Charter of Fundamental Rights of the European Union. It is crucial for the achievement of the EU's renewed policy objectives under the future EU Funds' common provisions regulation.

- a smarter Europe - innovative and smart economic transformation;
- a greener, low-carbon Europe;
- a more connected Europe - mobility and regional information and communications technology connectivity;
- a more social Europe - implementing the European Pillar of Social Rights;
- a Europe closer to its citizens - the sustainable and integrated development of urban, rural and coastal areas through local initiatives.

Yet inequalities persist across the EU. Women are under-represented in the labour market and in management positions, while men are under-represented in unpaid care work. Almost every woman in the EU engages in looking and house-work everyday in comparison with every third man. While there has been progress for women in the labour market, there has been almost no improvement regarding gender equality in the sphere of unpaid care responsibilities over the past 10 years (1).

The promotion of better work-life balance for women and men is at the heart of EU policies, including the new gender equality strategy 2020-2025. The European Institute for Gender Equality (EIGE) has looked at how the EU Funds are being used and what they can do to advance work-life balance.

**What is work-life balance and why does it matter?**

Work-life balance is about striking a balance between 'work' and 'life'. Here, 'work' means paid work and 'life' means everything else - including, but not limited to, unpaid work, domestic work (cleaning, cooking, washing, etc.) care work (taking care of children, older people, people who are ill, persons living with disabilities, as well as oneself), leisure time and social activities.

**Who stays at home taking care of our children and older relatives?**

Data from EIGE's Gender Equality Index reveal that far fewer women than men participate in paid work, far more women than men work part-time, and women perform most of the care and domestic work across the EU. It is worth noting that a high number of women migrants work in the EU's informal care sector, looking after children, older people, people who are ill and persons living with disabilities (2).

(\*) The EU Funds are the EU's flagship investment tool. The main instrument the Commission created for the current spending regulation for 2014-2020 are the European Regional Development Fund (ERDF), the European Fund for Regional Development (ERDF), the European Maritime and Fisheries Fund, the European Agricultural Fund for Rural Development (EAFRD), the European Union Structural Funds and the European Union Investment Fund. For more information on the Gender Mainstreaming and the common EIGE indicators used for gender mainstreaming, visit [http://ec.europa.eu/eu\\_funds\\_en/indicators](http://ec.europa.eu/eu_funds_en/indicators).

(1) Pons, J. (2018) *EU Living Conditions - Women's Equality and Jobs*. New York: Brookings.

(2) Hagan, M., N. Jaramila, K. and Frick, J. (2015). *Supporting gender care in multi-generational, multi-care and multi-local families*. No. 10, No. 3, pp. 199-202.

(3) Grew, A. (2019) *Unpaid care work - Gender equality development and digital transformation*. Directorate-General for Economic and Financial Affairs, Directorate-General for Migration, Youth, Employment and Skills. Luxembourg: Publications Office.



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## Downloads



## Metadata

**AREAS:** Gender Mainstreaming

**AUTHOR:** EIGE

**PUBLISHER:** EIGE

**ISBN:** 978-92-9470-968-4

**DOI:** 10.2839/424165

**KEYWORDS:** [work-life](#)  
[balance](#)