

Activity of Brook

Aims and objectives

To ensure that all children and young people have access to high quality, free, confidential sexual health services, as well as education and support that enables them to make informed, active choices about their personal and sexual relationships so that they can enjoy their sexuality without harm. Brook provides sexual health services, support and advice to young people under the age of 25 through a network of services across the UK, delivering innovative services, designed with the help of young people. Services are in three areas: clinical and support services; education and training; advocacy, campaigning, lobbying and influencing

Creator/owner/responsible institution

Name: Brook

Stakeholder: Civil society organisation

Area of intervention: Sexual and Reproductive health; Health; Men and gender equality

Organisation Country: United Kingdom

Organisation City: London

Organisation Address:

421 Highgate Studios, 53-79 Highgate Road

Organisation Zip Code: NW5 1TL

Organisation Phone: 02072846040

Contents/activities/services

Activities

In addition to providing services and education which aim to be accessible to young men as well as young women Brook services around the UK have developed a range of programmes specifically for young men including:

- Clinic sessions for young men staffed by clinicians and specialist boys and young men's workers
- Participation in condom distribution schemes
- Health information and STI testing clinic for Afro Caribbean young men (specific to South West London)
- Education outreach workers who promote services and education to young men
- Sex and relationships education programmes for young men delivered in settings where young men meet, such as football clubs
- Guidance for other professionals working with young men
- Education and involvement projects for young fathers

Materials

- Young Men, sex and pregnancy: practical guidance on effective approaches (2011).
- Webpages on: contraception; STIs; sex and relationships; pregnancy; my rights. Specific information for boys and young men on eg. boys and puberty; masturbation; penises and testicles www.brook.org.uk/professionals/my-body/boys-and-young-men • Videos on what gender means to young people www.brook.org.uk/my-rights/brook-videos

Metadata

ONGOING: No

TYPE: Awareness-raising campaigns/events, Counselling / Mentoring / Coaching program

TARGET GROUP: Men and Women/young men and young women, Young men (15-25), Boys (under 15)

KEYWORDS: [men and gender equality](#)