

Activity of Kriminalvården (in English: Swedish Prison and Probation Service)

Aims and objectives

The Prison and Probation Service is a part of the legal system. The main tasks of the Prison and Probation Service are to implement prison and probation sentences, to supervise individuals released under special conditions, to implement instructions for community service, and to carry out pre-sentence investigations in criminal cases.

Creator/owner/responsible institution

Name: Kriminalvården (in English: Swedish Prison and Probation Service)

Stakeholder: Government

Area of intervention: Men and gender equality

Organisation Country: Sweden

Organisation Zip Code: 601 80

Organisation Phone: 46(0)77-22 80 800

Contents/activities/services

Activities

- Integrated domestic abuse programme
<http://www.kriminalvarden.se/sv/English/Treatment-programs/IDAP/> IDAP is a treatment programme targeting adult men who have used threats, violence or other controlling behaviour against a female partner/former partner. IDAP is the only national accredited

domestic violence programme for convicted men in Sweden. In the programme, men work on their power and control behaviour and the aim is to learn strategies for an equal relationship. The men work in group sessions over 27 weeks, with one session every week. After 27 weeks, the programme is followed up by individual relapse prevention sessions. Probation and prison officers complete a special programme for tutor training for IDAP. Before and after tests and other information are collected for evaluation and possible future research. An evaluation was presented in 2011. IDAP includes a Women's Safety Work component.

- ROS -Sex Offender Treatment Programme
<http://www.kriminalvarden.se/sv/English/Treatment-programs/ROS/> A treatment programme for male sex offenders. The programme has been used in the Swedish Prison and Probation service since 2002 and was originally developed in Canada. Group sessions with role-play and homework and individual treatment. An example of homework is that the offender shall write a letter of responsibility to his victim(s); the letter is not sent but discussed in the group. The programme contains five treatment components built on risk factors that are evidence based. 51-56 group sessions including 153-168 hours with 6-8 participants. Around 18 individual sessions are carried out between group sessions. In order to evaluate the effects of the programme in the short-term before and after tests are carried out for each participant. A more extensive evaluation of effects on re-offending started in 2006. Canadian studies have proved that programmes for sexual offenders designed in this way lower the rate of recidivism. The programme was fully accredited in 2006 by the scientific panel within the Swedish Prison and Probation Service.

Materials

- (2010) IDAP : Integrated Domestic Abuse Programme, Kriminalvården, Norrköping
- (2010) ROS : Relation och Samlevnad, Kriminalvården, Norrköping Both ROS and IDAP have extensive program manuals.

Metadata

ONGOING: No

TYPE: Counselling / Mentoring / Coaching program

TARGET GROUP: Older men (60 +), Young men (15-25), Adult men

KEYWORDS: men and gender equality