
Working time and working life balance in a life course perspective.

This is a report based on the fifth European Working Conditions Survey (EWCS). Drawing on Eurofound's data, based on interviews with more than 38,000 respondents in 34 countries, this report documents the prevailing working time patterns of employees, the self-employed and lone parents across five country clusters. It also analyses the relationship between paid employment and domestic activities, work–life balance and working time preferences across the life course.

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