

# Sexism at work: how can we stop it?

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### Handbook for the EU institutions and agencies

**Sexism is holding back women and men.** From recruitment to performance evaluation, this handbook provides guidance on how tackle unconscious bias and stop sexism in the workplace.

How does sexism harm workplaces?

Test your knowledge

## Contents

Background

### Part 1. Understand

- What is sexism?
- What is the impact of sexism at work?
- Where does sexism come from?
- Sexism at work
- What happens when you violate sexist expectations?
- What is sexual harassment?
- Violating sexist expectations can lead to sexual harassment
- Under-reporting of sexual harassment

Part 2. Test yourself

### Part 3. Act

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## Watch

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## More toolkits



**Gender-sensitive communication**

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**Gender equality training**

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**Work-life balance in the ICT sector**