

# Sexism at work: how can we stop it?

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### Handbook for the EU institutions and agencies

**Sexism is holding back women and men.** From recruitment to performance evaluation, this handbook provides guidance on how tackle unconscious bias and stop sexism in the workplace.

How does sexism harm workplaces?

Test your knowledge

## Contents

### Background

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#### Part 1. Understand

- What is sexism?
  - What is the impact of sexism at work?
  - Where does sexism come from?
  - Sexism at work
  - What happens when you violate sexist expectations?
  - What is sexual harassment?
  - Violating sexist expectations can lead to sexual harassment
  - Under-reporting of sexual harassment
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### Part 2. Test yourself

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#### Part 3. Act

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## Watch

## More toolkits



gender-sensitive communication





**Gender equality training**



**Gender Impact Assessment**