

# Activity of Miehen Aika [Men's Moment]

## Aims and objectives

Part of the Sexual Health Clinic of Väestöliitto [The Family Federation]. Works in close collaboration with Väestöliitto's partners (Youth Open House, Family Network, etc.) as well as with other organisations and authorities. Founded in 2001, MA is a place where boys and young men can get factual and professional high-quality information about sexual health (eg. about development during puberty, dating and sex). MA is supported by RAY [Finland's Slot Machine Association]. The objective is to improve the sexual health of boys and men, to create models and associated services for boys growing into manhood and to produce and gather information on men. The target groups are boys and men and people working with them: professionals, parents and anyone interested in these issues.

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## Creator/owner/responsible institution

**Name:** Miehen Aika [Men's Moment]

**Stakeholder:** Civil society organisation

**Area of intervention:** Men and gender equality

**Organisation Country:** Finland

**Organisation Zip Code:** 00100

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**Contact person:**

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## Activities

Provides the following services:

- Poikien Puhelin [Boys' Line], a phone service where boys can get answers to questions on sexuality-related issues
- Varusmiespuhelin [Conscript's Line], a phone service where conscripts can get answers to questions on sexuality-related issues
- Nettivastaanotto Miehillle [Net Clinic for Men], a phone counselling service for men on sexual health-related issues
- Lectures on sexual health education and aggression management - on demand

## Materials

The Federation has a web bookshop (<http://www.vaestoliitto.fi/nettikauppa/>).

Some titles are men specific, eg:

- Jämsä J, Kallioma S (2010) Isyyden kielletyt tunteet [Forbidden Feelings in Fatherhood], Väestöliitto, Helsinki, <http://www.vaestoliitto.fi/nettikauppa/vanhemmuus/?num=773690&upotusURI=/nettikauppa/vanhemmuus/&x198862=Select/Card>

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# Metadata

**ONGOING:** Ne

**TYPE:** Counselling / Mentoring / Coaching program

**TARGET GROUP:** Boys (under 15), Young men (15-25), Adult men

**KEYWORDS:** [men and gender equality](#)