

Work life balance

This paper briefly reviews the scope of work family tensions and their detrimental effects on gender equality at work and at home, as well as on poverty reduction, social protection and business performance. It also highlights the benefits stemming from addressing these conflicts and identifies, drawing upon good practices from around the world, the policies that can help mitigate these tensions while benefiting families, businesses and societies at large. The paper concludes by putting forward suggestions for the consideration of the Governing Body concerning the promotion of further work on integrated work–family policy measures.

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