

The influence of working time arrangements on work life integration or balance: A review of international evidence

The paper provides a comprehensive synthesis of previous research examining the link between different aspects of working time and outcomes in terms of work-life integration or balance, which includes but is not limited to the reconciliation of work and family. It also explicitly considers the extent to which various types of working time arrangements not only facilitate work-life balance, but also promote, or hinder, gender equality in both the labour market and in personal life.

Format: pdf-file

Weblinks

[PDF](#)



Metadata

TYPE: Publication

CREATOR/AUTHOR: Colette Fagan, Clare Lyonette, Mark Smith and Abril Saldaña-Tejeda

CONTRIBUTOR: ILO

LANGUAGE: English

SECTOR: [Employment](#)

FORMAT: Newsletter

KEYWORDS: [reconciliation of work and family](#), [gender equality](#), [working hours](#)