

Agency and Capabilities to Achieve a Work–Life Balance: A Comparison of Sweden and Hungary

This study develops a conceptual framework with a capabilities and agency approach for analyzing work–life balance (WLB) applied in two societies (Hungary and Sweden), which have different working time regimes, levels of precarious employment, and gender equality discourses and norms.

Format: pdf file

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Source

Soc Pol (2011) 18 (2): 168-198

Metadata

TYPE: Other

CREATOR/AUTHOR: Barbara Hobson, Susanne Fahlén and Judit Takács

PUBLISHER: Oxford University Press/ Social Politics

RIGHTS: copyrighted

RIGHTS: Copyrighted

LANGUAGE: English

COVERAGE: Hungary, Sweden

SECTOR: Employment

FORMAT: Other - text

KEYWORDS: employment, work-life balance, gender equality